

## **Psychological and Mental Peculiarities of Teaching Students with Special Educational Needs**

Since the dawn of time, people have been pursuing a long and happy life. Each nation, society, and, in particular, the individual differently interpret what is necessary for this and how to achieve it. In the modern world, much attention is paid to success, career, education, health, family, child upbringing, and other important topics [1]. These areas are of great interest in the scientific world, and it can be said that the development of these areas is practically impossible without scientific research. For this, researchers conduct laboratory and practical experiments, collect and analyze information and, most importantly, publish their research. This issue of articles covers studies of the interaction of education, psychological and emotional state, as well as the influence of the combination of these components on the development and quality of life of a pre-schooler, schoolchild, student, and teacher [2, 3].

Human health comprises several components. It includes physical, emotional, spiritual, and social health. Studies demonstrate that if at least one component of health suffers, then such a person may be incapable of duly performing the tasks set before them and society [4]. The sphere of education is key in any society. The literacy of the individual and, in the long term, the economic and social state of the entire country depends on how correctly the work in educational institutions is organized [5]. Therefore, the study of these subjects is critical and relevant.

The articles of this issue address the development of the moral culture of schoolchildren, the professional development of the individual, the solution of social problems in education, cooperation with parents in the upbringing of schoolchildren; moreover papers also investigate the need for the development of emotional intelligence and the prevention of burnout in schoolchildren and students, teachers, specialists in risky professions. The authors raise such topics as the influence of psychological issues on the individual's physical condition and the development of a harmonious personality; the history of the development of psychiatry; the gender-related issues; the development of competitiveness; postgraduate education. Much attention is paid to the search for effective ways to develop the skills of pre-schoolers and the introduction of an inclusive education system in schools and universities. The subjects of training and health condition of various specialists are raised, for example, concerning psychology teachers, police officers, operational level officers.

These articles are a necessary contribution to the study and reform of education and such an essential component as mental and emotional health. Continuous research in these areas is necessary and contributes to the development of a healthy and happy society.

## REFERENCES

- [1] Kohut OO. Interpretation of the category of stress resistance in psychology. Scientific Bulletin of Mukachevo State University. Series "Pedagogy and Psychology" 2021; 7(1): 79-89.  
[https://doi.org/10.52534/msu-pp.7\(1\).2021.79-89](https://doi.org/10.52534/msu-pp.7(1).2021.79-89)
- [2] Titarenko LM. Modern national development in the context of improving the activities of government. Scientific Bulletin of Mukachevo State University. Series "Economics" 2021; 8(1): 29-36.  
[https://doi.org/10.52566/msu-econ.8\(1\).2021.29-36](https://doi.org/10.52566/msu-econ.8(1).2021.29-36)
- [3] Kushnir II. Modern view on educational management. Scientific Bulletin of Mukachevo State University. Series "Pedagogy and Psychology" 2020; 1(11): 28-31.  
[https://doi.org/10.31339/2413-3329-2020-1\(11\)-28-30](https://doi.org/10.31339/2413-3329-2020-1(11)-28-30)
- [4] Kuzmenko OV, Kashcha MO, Marchenko RV. Structural modelling of the relationship between the vulnerability of Ukrainian regions to COVID-19, environmental status and factors of readiness of the medical system. Scientific Bulletin of Mukachevo State University. Series "Economics" 2021; 8(2): 123-130.  
[https://doi.org/10.52566/msu-econ.8\(2\).2021.123-130](https://doi.org/10.52566/msu-econ.8(2).2021.123-130)
- [5] Baiun YuV. Problems of development of the medical industry in Ukraine in the context of the decentralisation reform. Scientific Bulletin of Mukachevo State University. Series "Economics" 2021; 8(1): 86-95.  
[https://doi.org/10.52566/msu-econ.8\(1\).2021.86-95](https://doi.org/10.52566/msu-econ.8(1).2021.86-95)

**Colin Blanchard**  
Indiana State University  
Indiana  
USA  
E-mail: c.blanchard256@yahoo.com

**Cleo Bellare**  
Marmara University  
Istanbul  
Turkey  
E-mail: cl.bellare@yahoo.com